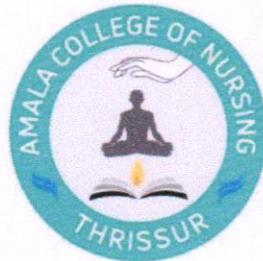




Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING AQAR (2023-2024)



CRITERION 8 – B 3 NURSING COLLEGE

Key Indicator 8.1

Metric No. 8.1.4 Number of first year students, provided with prophylactic immunization against communicable diseases like Hepatitis-B during their clinical work during the year

SUBMITTED TO



National Assessment and Accreditation Council

STUDENT HEALTH RECORD



AMALA COLLEGE OF NURSING

Amala Nagar - 680 555, Thrissur

STUDENTS HEALTH RECORD

Name: DEVKA SANIL Date of Birth: 01-05-2006 Age: 17
Date of Admission: 10/08/2023 Batch: 2023-24 Date of Completion:
Residential Address: KAZHUPPIL ALAMTHURUTHY PO THIRUVALLA

FAMILY HEALTH RECORD

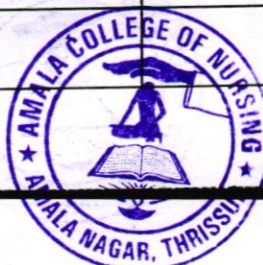
Name	Age :	History of Tuberculosis, Mental illness, Epilepsy, Heart Disease etc.	Remark
Father: <u>SANIL KUMAR K.K</u>			
Mother: <u>LAVANYA SANIL</u>	<u>43</u>		
Brothers:			
Sisters: <u>Sethu Sanil</u>	<u>22</u>		
<u>Geethu Sanil</u>	<u>13</u>		

Personal Health Record:

1. Illness during childhood nil
2. Physical defects normal
3. Appetite normal
4. Bowels normal
5. Sleep normal
6. Menstrual - Duration - Intervals Periods - regular
7. Teeth normal
8. Identification Mark Black mole over (R) side of face.
9. Vision 6/6 both eyes
10. Allergy nil

Immunization

Sl.No.	Vaccines	Date	Result	Date	Result	Date	Result
1.	BCG	} taken for age					
2.	Tetanus Toxoid						
3.	Hepatitis B						
4.	Others	<u>Covid vaccine - 2 doses</u>					

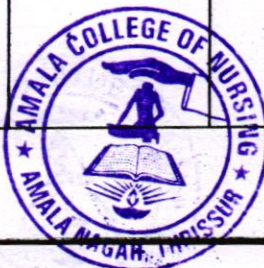


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AMALA NAGAR P.O., THRISSUR-680 555

MEDICAL EXAMINATION :

Examination of System	Date / Result	Date / Result	Date / Result	Date / Result	Remarks
1. Physical					
2. Height & Weight	158 cm 38 kg				
3. Nutrition	normal				
4. Teeth	normal				
5. Thyroid	normal				
6. Eyes	6/6 both eyes				
7. ENT	normal				
8. Respiratory System	AEBE, clear				
9. Cardio-Vascular	S ₁ , S ₂ (+)				
Heart Sounds					
BP	110/70 mmHg				
10. G.I. System	soft, non-tender				
11. Genito Urinary	BS (+)				
12. Musculo Skeletal System	normal				
13. Posture	normal				
14. Skin	normal				
15. Central Nervous System	WNL				
Signature of the Doctor:	HE/				



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AMALA NAGAR P.O., THRISSUR-680 555

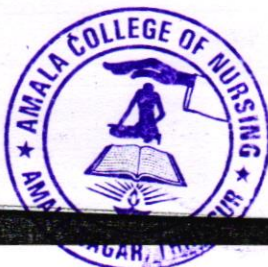
LABORATORY FINDINGS :

Investigations	Date / Result	Date / Result	Date / Result	Date / Result	Remarks
Blood	WBC-7.95 RBC-12.1 Pit-273				
Urine	normal				
Faeces					
X - ray	normal				
Others	RBS-81 mg/dl				

MONTHLY WEIGHT RECORDS :

Year	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Remarks
I													
II													
III													
IV													

Signature of the Staff



Signature of the Principal

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AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555



08/11/2023 09:16

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DEVIKA SANIL

17 Yrs

FEMALE

INVESTIGATION	PATIENT'S VALUE	NORMAL RANGE	
		MIN	MAX
BIO CHEMISTRY BLOOD 7 November 2023 GLUCOSE RANDOM 5477603	1191728278		
GLUCOSE	81 mg/dl	70.00 mg/dl	140.00 mg/dl
CLINICAL PATHOLOGY BLOOD 7 November 2023 COMPLETE HEMOGRAM-HB,TC,DC,E 5477603	1191728278		
WBC	7.95 $10^3/\mu\text{L}$	4.60 $10^3/\mu\text{L}$	10.20 $10^3/\mu\text{L}$
NEUT	63.8 %	40.00 %	70.00 %
LYMPH	33.6 %	10.00 %	50.00 %
EO	0.4 %	0 %	7.00 %
MONO	1.9 %	0 %	12.00 %
BASO	0.3 %	0 %	2.50 %
RBC	4.38 $10^6/\mu\text{L}$	4.04 $10^6/\mu\text{L}$	6.30 $10^6/\mu\text{L}$
HAEMOGLOBIN [HB]	12.1 g/dL	12.20 g/dL	17.20 g/dL
HCT \ PCV	38.2 %	39.00 %	49.00 %
MCV	87.2 fL	80.00 fL	96.00 fL
MCH	27.6 pg	27.00 pg	33.00 pg
MCHC	31.7 g/dL	33.00 g/dL	37.00 g/dL
RDW-SD	39.7 fL	37.00 fL	54.00 fL
RDW-CV	12.6 %	11.50 %	14.50 %
PLT	273 $10^3/\mu\text{L}$	150.00 $10^3/\mu\text{L}$	400.00 $10^3/\mu\text{L}$
PDW	8.6 fL	0 fL	99.90 fL
MPV	9.0 fL	0 fL	9.90 fL
PCT	0.25 %	0 %	9.99 %
ESR	7 mm/1hr	0 mm/1hr	20.00 mm/1hr
URINE 7 November 2023 PHYSICAL EXAMINATION 5477603	2103859574		
URINE COLOUR	STRAW		
SPECEFC GRAVITY	1.021	1.00	1.30

Sanil

Dr. M C Savithri
Professor in Pathology



Dr. Jacob Jacob
Micro Bio Chemistry



ASWANI C.A
Lab Incharge

Page 1/2

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08/11/2023 09:16

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3169581

DEVIKA SANIL

17 Yrs

FEMALE

INVESTIGATION	PATIENT'S VALUE	NORMAL RANGE	
		MIN	MAX
5477603 PH	6.0	5.00	8.00
5477603 TURBIDITY	CLEAR		
5477603 ALBUMIN URINE	NIL		
5477603 URINE SUGAR(GLUCOSE)	NIL		
5477603 ACETONE (KETONE BODIES)	NEGATIVE		
5477603 URINE BILIRUBIN	NIL		
5477603 URINE UROBILINOGEN	Normal		
5477603 LEUKOCYTE ESTERASE	1+		
5477603 URINE NITRITE	NIL		
5477603 URINE RBC	2 /hpf	/hpf	2.00 /hpf
5477603 URINE WBC	8 /hpf	/hpf	5.00 /hpf
5477603 BACTERIA	292 /hpf	/hpf	/hpf
5477603 URINE EPITHELIAL CELLS	6 /hpf	/hpf	5.00 /hpf



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Savithri

Dr. M C Savithri
Professor in Pathology

Jose Jacob

Dr. Jose Jacob
HOD Bio Chemistry

Aswani

ASWANI C.A
Lab Incharge



AMALA COLLEGE OF NURSING

Amala Nagar - 680 555, Thrissur

STUDENTS HEALTH RECORD

Name: Delna Sibi Date of Birth: 21-03-2005 Age: 18

Date of Admission: 8-10-2023 Batch: 2023-24 Date of Completion:

Residential Address: Muthanattu (H)
Aruvilamchal P.O., Mangathotty, Idukki - 685-619

FAMILY HEALTH RECORD

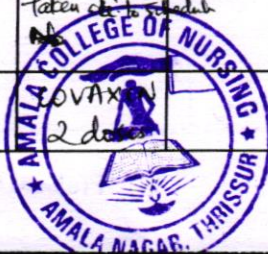
Name	Age	History of Tuberculosis, Mental illness, Epilepsy, Heart Disease etc.	Remark
Father: <u>Sibichan M-A</u>	<u>56</u>		
Mother: <u>Shybi Sibi</u>	<u>45</u>		
Brothers: <u>Daine Sibi</u>	<u>9</u>		
Sisters: <u>Diya Mariya Sibi</u>	<u>16</u>		
<u>Delphua Sibi</u>	<u>19</u>		

Personal Health Record:

1. Illness during childhood	<u>- Nil -</u>
2. Physical defects	<u>- Nil -</u>
3. Appetite	<u>Noemal</u>
4. Bowels	<u>Noemal</u>
5. Sleep	<u>Noemal</u>
6. Menstrual - Duration - Intervals	<u>LMP - 8/11/23 - 40 days cycle</u>
7. Teeth	<u>Noemal</u>
8. Identification Mark	<u>Black mole over (R) dorsum of hands</u>
9. Vision	<u>6/6 in both eyes</u>
10. Allergy	<u>- Nil -</u>

Immunization

Sl.No.	Vaccines	Date	Result	Date	Result	Date	Result
1.	BCG	<u>Taken at birth</u>					
2.	Tetanus Toxoid	<u>Taken at 15 yrs</u>					
3.	Hepatitis B	<u>Taken at birth</u>					
4.	Others	<u>COVAXIN 2 doses</u>					



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AMALA NAGAR P.O., THRISSUR-680 555

MEDICAL EXAMINATION :

Examination of System	Date / Result	Date / Result	Date / Result	Date / Result	Remarks
1. Physical					
2. Height & Weight	Ht - 160cm Wt - 55kg				
3. Nutrition	}				
4. Teeth					
5. Thyroid					
6. Eyes					
7. ENT					
8. Respiratory System	Normal				
9. Cardio-Vascular	S ₁ , S ₂ ⊕				
Heart Sounds					
BP	100/60 mmHg				
10. G.I. System	PA - soft				
11. Genito Urinary	}				
12. Musculo Skeletal System					
13. Posture					
14. Skin	Normal				
15. Central Nervous System	No. fnd				
Signature of the Doctor:					



Prof. Dr. RAJEE REGHUNATH
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LABORATORY FINDINGS :

Investigations	Date / Result	Date / Result	Date / Result	Date / Result	Remarks
Blood	Hb - 12.7 TC - $4.5 \times 10^3/\mu$ DC - NSB L34 E, H4 PLT - $232 \times 10^3/\mu$				
Urine	PH 5.5 Alb - Nil, Sug - Nil WBC - 5/HPF, Bact - 40 epi - 12/HPF				
Faeces					
X - ray	Noemcl				
Others	RBS - 89mg/dl				

MONTHLY WEIGHT RECORDS :

Year	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Remarks
I													
II													
III													
IV													

Signature of the Staff



Signature of the Principal

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA NAGAR P.O., THRISSUR-680 555



08/11/2023 09:16

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DELNA SIBI

18 Yrs

FEMALE

INVESTIGATION	PATIENT'S VALUE	NORMAL RANGE	
		MIN	MAX
BIO CHEMISTRY BLOOD 7 November 2023 GLUCOSE RANDOM	1191728241		
5477602 GLUCOSE	89 mg/dl	70.00 mg/dl	140.00 mg/dl
CLINICAL PATHOLOGY BLOOD 7 November 2023 COMPLETE HEMOGRAM-HB, TC, DC, E	1191728241		
5477602 WBC	7.5 $10^3/\mu\text{L}$	4.60 $10^3/\mu\text{L}$	10.20 $10^3/\mu\text{L}$
5477602 NEUT	58.4 %	40.00 %	70.00 %
5477602 LYMPH	34.8 %	10.00 %	50.00 %
5477602 EO	1.7 %	0 %	7.00 %
5477602 MONO	4.7 %	0 %	12.00 %
5477602 BASO	0.4 %	0 %	2.50 %
5477602 RBC	4.59 $10^6/\mu\text{L}$	4.04 $10^6/\mu\text{L}$	6.30 $10^6/\mu\text{L}$
5477602 HAEMOGLOBIN [HB]	12.7 g/dL	12.20 g/dL	17.20 g/dL
5477602 HCT \ PCV	37.7 %	39.00 %	49.00 %
5477602 MCV	82.0 fL	80.00 fL	96.00 fL
5477602 MCH	27.7 pg	27.00 pg	33.00 pg
5477602 MCHC	33.8 g/dL	33.00 g/dL	37.00 g/dL
5477602 RDW-SD	40.7 fL	37.00 fL	54.00 fL
5477602 RDW-CV	14.1 %	11.50 %	14.50 %
5477602 PLT	232 $10^3/\mu\text{L}$	150.00 $10^3/\mu\text{L}$	400.00 $10^3/\mu\text{L}$
5477602 MPV	9.0 fL	0 fL	9.90 fL
5477602 ESR	9 mm/1hr	0 mm/1hr	20.00 mm/1hr
URINE 7 November 2023 PHYSICAL EXAMINATION	2103859566		
5477602 URINE COLOUR	STRAW		
5477602 SPECEFIC GRAVITY	1.012	1.00	1.30
5477602 PH	5.5	5.00	8.00
5477602 TURBIDITY	CLEAR		

Savithri

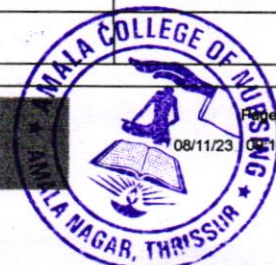
Dr. M C Savithri
Professor in Pathology

Rajee

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 556

Aswani

ASWANI C.A
Lab Incharge



Page 1/2
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DELNA SIBI

18 Yrs

FEMALE

INVESTIGATION	PATIENT'S VALUE	NORMAL RANGE	
		MIN	MAX
5477602 ALBUMIN URINE	NIL		
5477602 URINE SUGAR(GLUCOSE)	NIL		
5477602 ACETONE (KETONE BODIES)	NEGATIVE		
5477602 URINE BILIRUBIN	NIL		
5477602 URINE UROBILINOGEN	Normal		
5477602 LEUKOCYTE ESTERASE	NIL		
5477602 URINE NITRITE	NIL		
5477602 URINE RBC	9 /hpf	/hpf	2.00 /hpf
5477602 URINE WBC	5 /hpf	/hpf	5.00 /hpf
5477602 BACTERIA	401 /hpf	/hpf	/hpf
5477602 URINE EPITHELIAL CELLS	12 /hpf	/hpf	5.00 /hpf
5477602 YEAST CELLS	7 /hpf	/hpf	/hpf



kgd
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 AMALA NAGAR P.O., THRISSUR-680 555

Savithri

Dr. M C Savithri
 Professor in Pathology

Jose Jacob

Dr. Jose Jacob
 HOD Bio Chemistry

Aswani

ASWANI C.A
 Lab Incharge

Sr.ANCY CHRISTEEN JAMES

19/2

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AMALA COLLEGE OF NURSING

AMALA INSTITUTE OF MEDICAL SCIENCES

Amala Nagar - 680 555, Thrissur



M.Sc. Nursing Degree Course

STUDENTS HEALTH RECORD

Name of Student : *Amey Chandra...*

Batch : *2023*

[Signature]

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AMALA COLLEGE OF NURSING

AMALA NAGAR P.O., THRISSUR-680 555



I Personal Data:

Name: Anny...chuskeed...Names...Date of Birth: 14/8/1990...Age: 33y4m3

Date of Admission: 17/8/23 Batch: 2023 Date of Completion:

Marital Status: Single Blood Group: B⁺ Health Card No.:

Residential Address: Nixmala Nivals Convent

Muvallkepuzha

Ernakulam - 686661

FAMILY HEALTH RECORD

Name	Age	History of tuberculosis, mental illness, epilepsy, heart disease etc.	Remark
Father: James P. V	60yrs	—	
Mother: Mercy	58yrs	—	
Brothers: —			
Sisters: Anjaleena	29yrs		
Aparna	26yrs	—	

II Immunization:

Sl. No.	Vaccines	Date	Result	Date	Result	Date	Result
1.	BCG	Unvaccinated according to age					
2.	Tetanus Toxoid						
3.	Hepatitis B						
		COVISHIELD 3 doses taken					
4.	Others						



III Personal Health Record:

1. Illness during childhood : - NIL -
2. Physical defects : - NIL -
3. Appetite : NORMAL
4. Bowels : NORMAL
5. Sleep : NORMAL
6. Menstrual - Duration - Intervals : LMP - 10/11/2023, Regular, 28 day cycle.
7. Teeth : NORMAL
8. Identification Mark : BLACK MOLE OVER @ SIDE OF JAW.
9. Vision : 6/6 in both eyes.
10. Allergy : - NIL -
11. Operations : - NIL -
12. Any other significant Health Problems : - NIL -

IV OBSTETRICAL HISTORY (if applicable):

Menarche at 13 years
Regular cycle, 28 day cycle.
LMP - 10/11/2023



V PHYSICAL EXAMINATION (On Entrance):

Height: 158cm Standard Weight: Present Weight: 60kg T.P.R.:

General appearance and development (Nutritional state, state of skin, muscular tone, posture):
Well nourished.

Teeth and gums : Normal.

Chest : NVBS

Contour : Normal Expansion : Normal.

Examination of lungs -

Heart:

Rhythm : Regular Size :

Character of sounds S₁, S₂ ⊕.

Rate - Sitting : 72/min After exercise :

After 2 minutes:

Blood pressure - 100/60 mmHg

Abdomen - PA - soft

Spine (Rotation, Curvatures) : Normal.

Orthopaedic deformities (Flat feet) : Normal.

Nervous System (Reflexes, tremors) : No FND.

Comment on emotional stability of student if possible :

[Signature]

Is there anything in the history and physical examination which would make this candidate unsuitable for.....

Remarks:

Date:

[Signature]
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

Signature of physician

VIII DETAILS OF PRESENT PREGNANCY (if applicable):



IX ADMISSION / OUTPATIENT TREATMENT:

[illegible]

HEALTH CONFERENCE WITH INDIVIDUAL STUDENT BY THE SUPERVISOR OF HEALTH SERVICE

Date	Problem	Health Instructions and remarks

Correction of defects:

Health practice noted during the course:

Condition on completion:

[Signature]

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AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

Signature of Principal



X. LABORATORY FINDINGS:

Investigations	Date/Result	Date/Result	Date/Result	Date/Result	Remarks
Blood					
Urine					
Faeces					
X-ray					
Others					

XI. MONTHLY WEIGHT RECORDS:

Year	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Remarks
I													
II													

Signature of the Staff

DINCY K. DAVIS

[Handwritten signature]

PROF. DR. RAJEE REGHUNATH
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AMALA NAGAR P.O., THRISSUR-680 555



AMALA COLLEGE OF NURSING

AMALA INSTITUTE OF MEDICAL SCIENCES

Amala Nagar - 680 555, Thrissur



M.Sc. Nursing Degree Course

STUDENTS HEALTH RECORD

Name of Student : *Dincy K. Davis*

Batch : *M.Sc. Nursing 2023*



Prof. Dr. RAJEE REGHUNATH

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AMALA COLLEGE OF NURSING

AMALA NAGAR PO., THRISUR-680 555

I Personal Data:

Name: Diney, K. Davi's Date of Birth: 03-03-1986 Age: 37.....

Date of Admission: 18/10/2023. Batch: ...2023.... Date of Completion:

Marital Status: Married Blood Group: A⁺ Health Card No.:

Residential Address:

FAMILY HEALTH RECORD

Name	Age	History of tuberculosis, mental illness, epilepsy, heart disease etc.	Remark
Father:	67		
Mother:	63		
Brothers:			
Sisters:	33 39		

II Immunization:

Sl. No.	Vaccines	Date	Result	Date	Result	Date	Result
1.	BCG	} Taken					
2.	Tetanus Toxoid						
3.	Hepatitis B	Taken 10 yrs back					
		COV					
4.	Others						

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AMALA COLLEGE OF NURSING

AMALA NAGAR P.O., THRISSUR-680 555



III Personal Health Record:

1. Illness during childhood : - Nil -
2. Physical defects : - Nil -
3. Appetite : Normal
4. Bowels : Normal
5. Sleep : Normal
6. Menstrual - Duration - Intervals : LMP - 10/11/2013 - Regular, 28 day cycle.
7. Teeth : Normal.
8. Identification Mark : Black mole over L hand medially.
9. Vision : 6/6 in both eyes.
10. Allergy : - Nil -
11. Operations : - Nil -
12. Any other significant Health Problems : - Nil -

IV OBSTETRICAL HISTORY (if applicable):

Menarche at 11 years of age
 Regular cycle 28 day cycle
 LMP - 10/11/2013
 Had 2 children - Both normal vaginal delivery.
 Not sterilized.



V PHYSICAL EXAMINATION (On Entrance):

Height: 154.2 Standard Weight: Present Weight: 68 Kg. T.P.R.:

General appearance and development (Nutritional state, state of skin, muscular tone, posture):
 well nourished & built

Teeth and gums : Normal.

Chest : NVBS

Contour : Normal Expansion : Normal.

Examination of lungs -

Heart :

Rhythm : Regular. Size :

Character of sounds S₁, S₂ ⊕.

Rate - Sitting : 74/min After exercise :

After 2 minutes:

Blood pressure - 100/70 mmHg.

Abdomen - 11/6 - soft.

Spine (Rotation, Curvatures) : Normal.

Orthopaedic deformities (Flat feet) : Normal.

Nervous System (Reflexes, tremors) : Normal.

Comment on emotional stability of student if possible : Stable.

Is there anything in the history and physical examination which would make this candidate unsuitable for.....

Remarks:

Date:

Prof. Dr. RAJEE REGHUNATH

PRINCIPAL

AMALA COLLEGE OF NURSING

AMALA NAGAR P.O., THRISUR-680 555

Signature of physician

I VI SUBSEQUENT EXAMINATION:

Student's Name:

	End of 1 st Year Date:	End of 2 nd Year Date:
Teeth and gums		
Chest		
Heart		
Blood Pressure		
Abdomen		
Posture		
Feet		
Skin		
Elimination		
Uterine disorders		
General condition		
Signature of Doctor		



VII EYE, EAR, NOSE, THROAT EXAMINATION (On Entrance):

Student's Name: Dincy . K. David

Head: Normal

Eye-Vision 6/6 in both eyes, slit pupil reactive equally to light
 Ears-hearing Normal right Normal left
 Nose-(Septum deviation, Occlusion of breathing) Normal
 Throat-tonsils Normal
 Sinuses: Normal

Glands (Cervical, note symptoms of hyperthyroidism or hypothyroidism) Normal

Date: 13/11/23

Doctor's Signature

[Signature]

Eye, Ear, Nose, Throat Examination

	End of 1 st Year Date:	End of 2 nd Year Date:
Head :		
Eye :		
Ear :		
Nose :		
Throat :		
Sinuses:		
Glands:		

[Signature]

Prof. Dr. RAJEE BEGHUNATH

PRINCIPAL

AMALA COLLEGE OF NURSING

AMALA NAGAR PO., THRISUR-680 555

Date:

Doctor's Signature

—



IX

[illegible]

Prof. Dr. RAJEEV REGHUNATH

PRINCIPAL

AMALA COLLEGE OF NURSING

AMALA NAGAR P.O., THRISSUR-680 555